They got me trapped, aye Ooooh trapped like an animal I just wanna get out But they won't let me live my life Ooooh... Trapped like an animal I just wanna get out But they won't let me live my life Uhh, my phone rang You got a collect call from an inmate in a federal prison I dang near cried Too expect charges, press 5 Family did you get my wheeler, my kite, my letter I put sumthin' on your commissary and shot you a little cheddar Yeah I got it family right on for that look what I think In the federal prison we can email now you should hit me up on cure links I'm thinking about writing a book I been keeping a little diary Spending a lot of time in the jail house library Exercising and eating right, burpees and push-ups at night Conditioning my brain fast and try'na change my life Remember the homie she up in here too He told me to tell you what's up brah he speak highly of you He the one who be cuttin' my hair, he try'na go to barber shop Stick to hisself neutral partna is a coon I'm in here on some trucked up charges, but snitchin' not my style They gave me mo time than a rapist and a pedafile I'm reading the bible my celly reading the Qur'an It's been a year since I last seen my mom I'm in here programming foreal Waiting for the laws to change next week I'm up in a appeal But I know it ain't goin work Nobody comes to visit; I ain't got no family support But I got this one correction new officer, she ain't got no fear Anything you can get on the streets we can get it here That's what she told me So she snuck me in her cell phone put it up in her coochie Uhh, I stay in trouble Beat the nigga ass with a chair over a game of Pe-Knuckle About a week or so ago To them I'm just a number they ain't goin never let me go They in the yard playing basketball hoopin' While I'm talking to my OG potna, he proovin' He up under that attic Anybody fuck with me, he a split they wig back, uhh He used to be a baller On the streets he a fiend but in the pen he's a shot-caller Security on the roof in the pear Waiting for some shit to jump off live Mamo and Radic here, uhh Tomorrow a nigga birthday and you know I got a big ole plastic bag of pruno I'm finna get zooted

Drinking ain't good for you, but is there a peutic Man a little chest but under a whole lot of stress Reason a 31-year-old granddaddy my grandson Teevan

I feel bad cause all I got is advice
And I ain't got nothing to show for it brah I'm in here for life

They got me trapped, they got me trapped, they got me trapped Don't matter if you walk away they got'chu trapped They got me trapped, they got me trapped, they got me trapped Don't matter if you walk away they got'chu trapped