

## Tape Evidence

mind.in.a.box

my sleeping had become restless.  
I was now dreaming all the time.  
dark sounds and images were haunting me, unsettling me.  
there were many things from my past.

most of what I saw and heard I didn't understand.  
but they were not only dreams, they were somehow more real...  
I felt followed.  
again I had fallen asleep with my headphones on.

the doorbell. it pulled me from my dreams.  
I dragged myself to the door.  
someone had left a tape on the doorstep.

in my head.  
in my head.  
i can feel them,  
in my head.