

## Loosen Up

Outasight

You got me all tied up and twisted yea  
You got me all up in a knot  
(You know you do)  
And everytime I talk you don't listen, damn,  
I think it's time you loosen up  
(Loosen up)  
Changing ways, don't come with a manual,  
I'm learning with every mistake that I make,  
Pardon me, I might be that ignorant,  
To think I can unravel this knot we made...  
And Don't you feel crazy when no one will listen  
And all of the people you thought that were different  
End up be like the rest of the pack It's so fuckin lame.  
It's harder than ever to get it together  
When Looping the hoops cannot be for the better  
The ties that we pull undo the whole thing  
You got me all tied up and twisted yea  
You got me all up in a knot  
(You know you do)  
And everytime I talk you don't listen, damn,  
I think it's time you loosen up  
(Loosen up)  
Ain't it great, when no one gets the chance to move,  
We twist and turn and we never get free  
Excuse me then, for thinking we can re-do,  
The past and the present are tied up in chains...  
And don't you feel stupid when you start to lose it  
And no one reacts and then you sense the movement  
Against you is right there before your very eyes  
The bigger you make it the harder to break it  
The curses start flying and here come the hating  
Of every bit of effort that I supplied.  
You got me all tied up and twisted yea  
You got me all up in a knot  
(You know you do)  
And everytime I talk you don't listen, damn,  
I think it's time you loosen up  
(Loosen up) (Yeah!)  
You got me all tied up and twisted yea  
You got me all up in a knot  
(You know you do)  
And everytime I talk you don't listen, damn,  
I think it's time you loosen up