imperfection seems to have gotten the best of me. i beat myself down in this

frustration. in unreal aspirations- never alownig progressions to begin- sights

set so far ahead. missing the start i fall once more. i must tr y one step at a time.

facing the path alone, i will begin again. i will begin again. ostacles come from

within. sometimes so strong you must wait. take the time to cat ch your breath.

face the path alone and begin again... begin again. never let y ourself go astray!

making a change will take some time. but you`ve got the time, y ou`ve got the time.

face the path alone- begin again! face what is there- what is there. i must realize

what is there, face, confront and never give in. i msut try one day at a time. facing

the path alone, i won't let it win.