I Threw It All Away

Yo La Tengo

I once held her in my arms
She said she would always stay
But I was cruel and treated her like a fool
I threw it all away

One side's mountains in the palm of my hand Rivers that ran through everyday Now I must've been mad or I never knew what i had I threw it all away

Love is all there is
And it makes the world go round
Love and only love it can't be denied
No matter what you think about it
You won't be able to live without it
Take a tip from one who's tried

So if you find someone
Who gives you all of their love
Take it to your heart
Don't let it stray
Because one thing is for certain
You'll surely be hurting
if you thow it all away
just don't throw it all away